

PageSpeed Insights

HOME

DOCS

https://familyandsports.chiropraise.com/

ANALYZE

MOBILE

DESKTOP

86

https://familyandsports.chiropraise.com/

0-49

50-89

90-100

Field Data — The Chrome User Experience Report [does not have sufficient real-world speed data](#) for this page.

Origin Summary — The Chrome User Experience Report [does not have sufficient real-world speed data](#) for this origin.



Lab Data

● First Contentful Paint

0.7 s

■ First Meaningful Paint

1.5 s

■ Speed Index

1.7 s

● First CPU Idle

2.5 s

● Time to Interactive

2.4 s

■ Max Potential First Input Delay

190 ms

Opportunities — These optimizations can speed up your page load.

Opportunity	Estimated Savings
■ Eliminate render-blocking resources	<div></div> 0.46 s <div></div>
■ Remove unused CSS	<div></div> 0.24 s <div></div>

Diagnostics — More information about the performance of your application.

JavaScript execution time — Error!



- ▲ Ensure text remains visible during webfont load ✓
- Serve static assets with an efficient cache policy — 9 resources found ✓
- Minimize Critical Requests Depth — 18 chains found ✓
- Keep request counts low and transfer sizes small — 63 requests • 1,815 KB ✓

Passed audits (15) ✓

The **speed score** is based on the lab data analyzed by [Lighthouse](#).

Analysis time: 7/23/2019, 5:02:23 PM

What's New

Read about the [July 2018 Google Speed Update](#).

Give Feedback

Have specific, answerable questions about using PageSpeed Insights? Ask your question on [Stack Overflow](#). For general feedback and discussion, start a thread in our [mailing list](#).

Web Performance

Learn more about [web performance tools at Google](#).

About PageSpeed Insights

PageSpeed Insights analyzes the content of a web page, then generates suggestions to make that page faster. [Learn more](#).