PageSpeed Insights HOME DOCS

https://212degreesofwellness.chiropraise.com/ ANALYZE

MOBILE DESKTOP

53

https://212degreesofwellness.chiropraise.com/

0–49 50–89 90–100

Field Data — The Chrome User Experience Report does not have sufficient real-world speed data for this page.

Origin Summary — The Chrome User Experience Report does not have sufficient real-world speed data for this origin.

Lab Data

First Contentful Paint	1.3 s	First Meaningful Paint	2.0 s
Speed Index	5.3 s	First CPU Idle	2.1 s
Time to Interactive	3.5 s	Max Potential First Input Delay	170 ms

Opportunities — These optimizations can speed up your page load.

Opportunity	Estimated Savings
Eliminate render-blocking resources	1.42 s
Serve images in next-gen formats	0.96 s
Remove unused CSS	0.48 s
Reduce server response times (TTFB)	0.26 s
Defer offscreen images	0.16 s

- ▲ Ensure text remains visible during webfont load
- ■ Serve static assets with an efficient cache policy — 8 resources found
- ■ Avoid enormous network payloads — Total size was 3,111 KB
- ● Minimize Critical Requests Depth — 33 chains found
- ● Keep request counts low and transfer sizes small — 83 requests • 3,111 KB

Passed audits (13)

The speed score is based on the lab data analyzed by Lighthouse.
Analysis time: 6/12/2019, 12:18:27 PM

What's New

Read about the July 2018 Google Speed Update.

Web Performance

Learn more about web performance tools at Google.

Give Feedback

Have specific, answerable questions about using PageSpeed Insights? Ask your question on Stack Overflow. For general feedback and discussion, start a thread in our mailing list.

About PageSpeed Insights

PageSpeed Insights analyzes the content of a web page, then generates suggestions to make that page faster. Learn more.